



# Montana HOSA E-Newsletter

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*February 3<sup>rd</sup>, 2009  
is Health care Day  
at the Capitol!  
HOSA will have a  
display and Billings  
and Helena  
chapters will be  
there.*

## MT HOSA State Conference is March 19-21, 2009 in Missoula

This year we are using a new on-line registration system from DLG Enterprises. Your membership dues to HOSA are still paid through the National HOSA website, so you will have to go to the HOSA website for membership. Conference registration is at: <http://www.registermychapter.com/HOSA/MT/> Registration cost is \$40.00/person and registration will be open on February 2 and close on Feb. 23<sup>rd</sup>.

## 2008-2009 State Theme

The Billings Chapter suggested this theme for our state conference "HOSA: Let Your Passion Become Another Person's Heartbeat"

National HOSA Voting delegates unanimously chose Autism Speaks to be their service project for a second term, from 2008-2010. When our HOSA chapter officers met in Helena this fall, *they voted to have each chapter choose their own* Service Project. Part of your commitment to HOSA is to conduct a service oriented project statewide or community-wide. You may still choose to raise money and awareness for Autism Speaks if you prefer. Each chapter should plan a 3 minute presentation about their service project for the business meeting.

## HOSA Competitive Events



All Scantron tests for Health Science Events or Round 1 tests for all other categories will be taken ON-LINE PRIOR TO SLC.

If you have any students that are only planning on competing in Health Science Events, I would like them to participate as Courtesy Corps or "patients" in other events. I will contact your chapter individually to arrange testing and SLC roles.

Here is a list of Competitive Events (not including test-only events)

Biotechnology \* Clinical Nursing \* Clinical Specialty \* Dental Assisting  
Sports Medicine \* Nursing Assisting \* Physical Therapy \* CPR/First Aid \* EMT  
Prepared Speaking \* Epidemiology \* Extemporaneous Health Poster  
Job Seeking Skills \* Medical Photography \* Extemporaneous Speaking  
Researched Persuasive Speaking \* Extemporaneous Writing  
Biomedical Debate \* Career Health Display \* Community Awareness  
Creative Problem Solving \* Forensics \* Health Education \* Medical Reading  
Parliamentary Procedure \* Public Service Announcement \* Outstanding Chapter

**HOSA Bowl** will be held Thursday evening, March 19<sup>th</sup> at the Campus Inn.

## Competitive Events Changes

**Public Health Emergency Preparedness** topic is: "Natural Disasters & Severe Weather".

**Extemporaneous Speaking** can be any topic related to current health issues or HOSA. For example: HOSA and Community Service-the benefits of Service Learning; Teens and Smoking; Childhood Obesity-Problems and Solutions.

**Prepared Speaking** speech topic is the National Theme: HOSA: "Where One Person's Passion Becomes Another Person's Hero"

**\*\*Extemporaneous Writing** can be any topic related to Health Science Education or HOSA. Some ideas are: How does HOSA contribute to the Healthcare Community? What types of services does HOSA provide? What are the benefits to the health care community?

**Extemporaneous Health Poster** will be related to HOSA or health science education, such as: Hand Hygiene-Preventing the Spread of Infection; Eating Right; Tips for Skin Cancer Prevention. Support documentation such as articles or pamphlets may be provided.

**Researched Persuasive Speaking** topics are: Obesity: Family vs. Society; Preventing Hearing Loss: The government should regulate volume on personal listening devices.

**Biomedical Debate** topic is: "Cord Blood for Sale".

**Public Service Announcement** topic is: "Volunteer-Help Make Your Community Healthier and Safer". The work on this PSA must be completely accomplished by team members. They may receive instruction in filming and editing from an outside source, but the actual filming, editing and all production steps must be done by team members.

**Medical Reading** books for this year are: *The Scalpel and the Silver Bear*; *Caring for Patients from Different Culture*; *Small Steps: The Year I Got Polio*; and *Body of Work*. *Blindsided, by Cohen, has been deleted for this year.*

Remember to Read through your Competitive Event instructions carefully! You will be responsible for bringing the supplies listed in your event.

HOSA's two-fold mission is:

1. To promote career opportunities in the health care industry, and.
2. To enhance the delivery of quality health care to all people.

## Fall Leadership Meeting, Sunday, November 9, 2008



Thank you to all the chapter advisors and chapter officers for attending the fall HOSA leadership meeting. The intent was for the chapter officers to take the ideas learned at the training and bring them back to share with their chapter members.

Shannon Stober's leadership session taught us about personality strengths, strategic planning and leadership behaviors. Hopefully this helped your chapters plan for a fun and eventful school year.

Becky Henne provided us with a Customer Service "how-to" manual that can be applied to all facets of our lives. Our hospital partners felt customer service was most important!

## Tentative Schedule for SLC

### Thursday, 3/19

- 5 PM- Arrive in Missoula (dinner with your chapter)
- 6 PM- State Officer Candidate Interviews (at the Campus Inn)
- 7 PM- HOSA Bowl (at the Campus Inn)
- 9:30 PM- HOSA Student Social

### Friday, 3/20

- 8 AM-12 PM- Competitive Events at U of M (some at Missoula COT)
- 12 PM- Lunch
- 12:45-1:45 PM- HOSA Business Meeting (Vote for State Officers)
- 2-5 PM- Educational Symposiums
- 7 PM- AWARDS BANQUET

### Saturday, 3/21

- 9-12 PM- Continuation of Educational Symposiums

## Conference Shirts

HOSA chapters at Fall Leadership suggested having each chapter design and print their own t-shirts for this year's conference. Some of your schools have screen printing available in your CTE classrooms or you can design individual shirts with self-designed iron-ons. An alternative would be to have the Flathead chapter design ONE T-shirt for the conference. **FEEDBACK NEEDED IMMEDIATELY PLEASE.**

The Flathead High School Chapter will also be responsible for ordering navy blue polo shirts through a local company instead of purchasing polos through Awards Unlimited. We can also order HOSA patches to sew on to the polos.

## Applications for HOSA State Officer Candidates

Applications and a full description of the duties of HOSA State Officers can be found and downloaded from the MT HOSA Website at: <http://opi.mt.gov/cte/hosa1new.html>

Please note the deadline for the application is March 2, 2009.

All state officer candidates will be interviewed by voting delegates from each chapter as well as members of the HOSA Advisory Board on Thursday evening.

State officer candidates need to prepare a 3 minute speech about what HOSA means to you. You will be asked to present your speech to the HOSA membership at the Business meeting on Friday at SLC.

## Educational Symposiums

Missoula Chapter Advisor Robin Hollin and members suggested some wonderful ideas for symposiums. The Western Area Health Education Center (W-AHEC) has offered to plan these events for us. Some workshops will be held Friday afternoon and continue on Saturday morning. We are currently looking into visits to:

- University of MT Cadaver Lab
- Montana State Crime Lab
- Missoula School of Massage
- Missoula Orthotics and Prosthetics
- Saint Patrick's Hospital (Simulated Surgery)
- Sim-Man and Sim-Baby workshops (computerized manikins)

## Student Expenses for SLC:

Travel should be arranged through your school district. Some schools pay transportation through Perkins funds while others may ask your students to pay for the transportation.

Lodging has been block booked at the Campus Inn at \$62.00/night for single and \$68.00/night for dbl-quad. Each advisor is responsible for booking and paying for rooms. Campus Inn-406-549-5134.

Meals- Friday lunch and dinner are included in your registration fee. Breakfast is available at the motel. All other meals are student expenses (Thurs. dinner, Sat. lunch).